



SYLVESTER 5 DAYS 2022 - Day 4

Masy Zuid 29.12.2022

K.O.L.

Vic VANDERSTRAETEN

hamok

Omloop : H75

Afstand : 3090m

Tijd : 0:34:34 (11'11"/km) [Punten : 877]

5/13

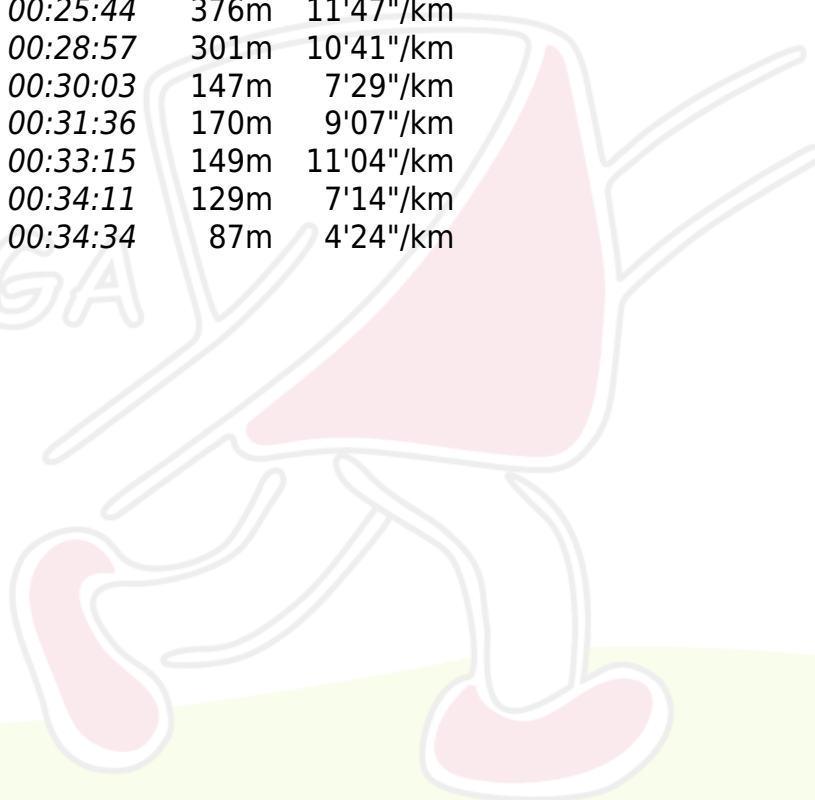
O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|----------------|
| 1. Mike IN 'T GROEN | 0:30:19 [1000] |
| 2. Helmut CONRAD | 0:31:06 [975] |
| 3. Anders SELLGREN | 0:31:23 [966] |

1.	144	00:04:41		193m	24'16"/km
2.	143	00:01:30	00:06:11	182m	8'15"/km
3.	149	00:03:23	00:09:34	326m	10'23"/km
4.	155	00:03:28	00:13:02	305m	11'22"/km
5.	157	00:04:04	00:17:06	246m	16'32"/km
6.	169	00:01:01	00:18:07	92m	11'03"/km
7.	163	00:03:11	00:21:18	349m	9'07"/km
8.	170	00:04:26	00:25:44	376m	11'47"/km
9.	136	00:03:13	00:28:57	301m	10'41"/km
10.	137	00:01:06	00:30:03	147m	7'29"/km
11.	131	00:01:33	00:31:36	170m	9'07"/km
12.	132	00:01:39	00:33:15	149m	11'04"/km
13.	220	00:00:56	00:34:11	129m	7'14"/km
14.	999	00:00:23	00:34:34	87m	4'24"/km

HELGA



Orienteering Software