

Regionale Hamont 20.11.2022 hamok

Davy HEESAKKERS

Olifant

Omloop : H:02

Afstand : 6840m

Tijd : 1:10:04 (10'15"/km)

8/15

O.K.

[Volledige uitslagen op Webres](#)

1. Noël NIJSTEN	0:54:10
2. Olivier DE SMUL	0:55:34
3. Kim JANSEN	0:58:13

1.	66	00:00:43		103m	6'57"/km
2.	59	00:01:26	00:02:09	243m	5'54"/km
3.	73	00:01:31	00:03:40	213m	7'07"/km
4.	74	00:01:25	00:05:05	123m	11'31"/km
5.	56	00:01:56	00:07:01	144m	13'26"/km
6.	68	00:02:24	00:09:25	178m	13'29"/km
7.	69	00:00:44	00:10:09	91m	8'04"/km
8.	55	00:06:25	00:16:34	209m	30'42"/km
9.	54	00:01:23	00:17:57	150m	9'13"/km
10.	51	00:03:52	00:21:49	386m	10'01"/km
11.	52	00:00:54	00:22:43	113m	7'58"/km
12.	62	00:01:41	00:24:24	258m	6'31"/km
13.	63	00:00:55	00:25:19	95m	9'39"/km
14.	76	00:02:18	00:27:37	264m	8'43"/km
15.	67	00:01:50	00:29:27	199m	9'13"/km
16.	61	00:01:54	00:31:21	226m	8'24"/km
17.	50	00:01:13	00:32:34	210m	5'48"/km
18.	49	00:00:58	00:33:32	131m	7'23"/km
19.	48	00:01:21	00:34:53	158m	8'33"/km
20.	43	00:06:32	00:41:25	398m	16'25"/km
21.	44	00:02:37	00:44:02	169m	15'29"/km
22.	45	00:01:08	00:45:10	142m	7'59"/km
23.	46	00:01:17	00:46:27	147m	8'44"/km
24.	42	00:03:10	00:49:37	427m	7'25"/km
25.	40	00:03:59	00:53:36	218m	18'16"/km
26.	39	00:02:25	00:56:01	137m	17'38"/km
27.	38	00:02:00	00:58:01	223m	8'58"/km
28.	37	00:01:31	00:59:32	166m	9'08"/km
29.	36	00:01:41	01:01:13	239m	7'03"/km
30.	35	00:01:12	01:02:25	118m	10'10"/km
31.	34	00:01:55	01:04:20	215m	8'55"/km
32.	75	00:01:12	01:05:32	142m	8'27"/km
33.	32	00:00:59	01:06:31	106m	9'17"/km
34.	31	00:02:07	01:08:38	221m	9'35"/km
35.	64	00:01:10	01:09:48	164m	7'07"/km
36.	999	00:00:16	01:10:04	63m	4'14"/km