



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Sébastien BOURGEOIS

Hainaut O.C.

Course : LD

Distance : 3980m

Time : 0:54:00 (13'34"/km)

16/20

O.K.

[Full result on Webres](#)

1. Mats DE SMUL	0:25:23
2. Tille DE SMUL	0:26:04
3. Sebastien DE POORTER	0:31:53

1.	154	00:04:08	254m	16'16"/km
2.	151	00:01:19 00:05:27	139m	9'28"/km
3.	103	00:02:31 00:07:58	138m	18'14"/km
4.	200	00:00:52 00:08:50	87m	9'58"/km
5.	105	00:01:30 00:10:20	178m	8'26"/km
6.	106	00:00:41 00:11:01	92m	7'26"/km
7.	107	00:00:30 00:11:31	50m	10'00"/km
8.	108	00:01:50 00:13:21	201m	9'07"/km
9.	111	00:01:06 00:14:27	111m	9'55"/km
10.	109	00:00:50 00:15:17	75m	11'07"/km
11.	110	00:00:39 00:15:56	110m	5'55"/km
12.	112	00:01:47 00:17:43	207m	8'37"/km
13.	200	00:01:25 00:19:08	214m	6'37"/km
14.	137	00:00:43 00:19:51	122m	5'52"/km
15.	159	00:00:47 00:20:38	57m	13'45"/km
16.	115	00:01:49 00:22:27	264m	6'53"/km
17.	116	00:00:42 00:23:09	101m	6'56"/km
18.	129	00:01:18 00:24:27	149m	8'43"/km
19.	119	00:07:02 00:31:29	212m	33'11"/km
20.	117	00:02:05 00:33:34	206m	10'07"/km
21.	128	00:01:09 00:34:43	140m	8'13"/km
22.	130	00:02:20 00:37:03	234m	9'58"/km
23.	161	00:01:01 00:38:04	90m	11'18"/km
24.	122	00:09:17 00:47:21	65m	142'49"/km
25.	123	00:01:13 00:48:34	95m	12'48"/km
26.	124	00:00:59 00:49:33	67m	14'41"/km
27.	126	00:03:00 00:52:33	173m	17'20"/km
28.	146	00:00:53 00:53:26	40m	22'05"/km
29.	220	00:00:23 00:53:49	54m	7'06"/km
30.	999	00:00:11 00:54:00	56m	3'16"/km