



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Philippe PAPIN

Villeneuve d'Ascq Lille Métropole

Orientation

Course : H55

Distance : 3480m

Time : 0:31:10 (8'57"/km)

12/32

O.K.

[Full result on Webres](#)

- | | |
|------------------|---------|
| 1. Jon CROSS | 0:25:20 |
| 2. Dirk DEIJGERS | 0:26:29 |
| 3. Guy TIREZ | 0:26:48 |

1.	101	00:01:40		214m	7'47"/km
2.	147	00:00:34	00:02:14	91m	6'14"/km
3.	102	00:00:33	00:02:47	80m	6'53"/km
4.	114	00:01:03	00:03:50	140m	7'30"/km
5.	103	00:01:01	00:04:51	78m	13'02"/km
6.	200	00:00:36	00:05:27	87m	6'54"/km
7.	106	00:02:07	00:07:34	229m	9'15"/km
8.	112	00:01:15	00:08:49	144m	8'41"/km
9.	153	00:01:01	00:09:50	137m	7'25"/km
10.	109	00:00:40	00:10:30	76m	8'46"/km
11.	108	00:01:09	00:11:39	159m	7'14"/km
12.	200	00:01:09	00:12:48	146m	7'53"/km
13.	131	00:01:35	00:14:23	292m	5'25"/km
14.	127	00:01:56	00:16:19	234m	8'16"/km
15.	119	00:00:57	00:17:16	63m	15'05"/km
16.	133	00:00:45	00:18:01	43m	17'27"/km
17.	118	00:00:58	00:18:59	85m	11'22"/km
18.	117	00:01:00	00:19:59	109m	9'10"/km
19.	162	00:02:16	00:22:15	163m	13'54"/km
20.	116	00:01:24	00:23:39	187m	7'29"/km
21.	122	00:01:06	00:24:45	108m	10'11"/km
22.	121	00:01:06	00:25:51	90m	12'13"/km
23.	130	00:00:37	00:26:28	71m	8'41"/km
24.	123	00:00:32	00:27:00	58m	9'12"/km
25.	124	00:00:56	00:27:56	67m	13'56"/km
26.	125	00:01:21	00:29:17	94m	14'22"/km
27.	141	00:01:05	00:30:22	108m	10'02"/km
28.	220	00:00:35	00:30:57	66m	8'50"/km
29.	999	00:00:13	00:31:10	56m	3'52"/km