



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Gert Michael BINDER

OLC SKOG Fribourg

Course : H50

Distance : 3550m

Time : 0:37:05 (10'27"/km)

30/41

O.K.

[Full result on Webres](#)

- | | |
|--------------------|---------|
| 1. Jérôme DANIEL | 0:25:08 |
| 2. Olivier DE SMUL | 0:25:26 |
| 3. Jason INMAN | 0:25:46 |

1.	114	00:01:26		156m	9'11"/km
2.	134	00:00:35	00:02:01	41m	14'14"/km
3.	102	00:01:24	00:03:25	115m	12'10"/km
4.	115	00:01:11	00:04:36	134m	8'50"/km
5.	116	00:00:46	00:05:22	101m	7'35"/km
6.	129	00:01:17	00:06:39	149m	8'37"/km
7.	160	00:00:58	00:07:37	86m	11'14"/km
8.	156	00:00:46	00:08:23	88m	8'43"/km
9.	136	00:01:10	00:09:33	158m	7'23"/km
10.	155	00:02:27	00:12:00	85m	28'49"/km
11.	106	00:00:49	00:12:49	112m	7'17"/km
12.	112	00:01:43	00:14:32	144m	11'55"/km
13.	153	00:01:08	00:15:40	137m	8'16"/km
14.	109	00:00:37	00:16:17	76m	8'07"/km
15.	108	00:01:18	00:17:35	159m	8'11"/km
16.	200	00:01:07	00:18:42	146m	7'39"/km
17.	103	00:01:16	00:19:58	87m	14'34"/km
18.	143	00:01:47	00:21:45	97m	18'23"/km
19.	138	00:00:58	00:22:43	119m	8'07"/km
20.	131	00:00:55	00:23:38	147m	6'14"/km
21.	152	00:01:41	00:25:19	205m	8'13"/km
22.	117	00:00:51	00:26:10	95m	8'57"/km
23.	133	00:02:25	00:28:35		
24.	119	00:01:32	00:30:07	43m	35'40"/km
25.	130	00:01:02	00:31:09	130m	7'57"/km
26.	121	00:00:48	00:31:57	71m	11'16"/km
27.	122	00:01:23	00:33:20	90m	15'22"/km
28.	139	00:01:31	00:34:51	135m	11'14"/km
29.	125	00:01:08	00:35:59	92m	12'19"/km
30.	220	00:00:53	00:36:52	134m	6'36"/km
31.	999	00:00:13	00:37:05	56m	3'52"/km