



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Wim VERVOORT

TROL

Course : H50

Distance : 3550m

Time : 0:29:06 (8'12"/km)

13/41

O.K.

[Full result on Webres](#)

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|--------------------|---------|
| 1. Jérôme DANIEL | 0:25:08 |
| 2. Olivier DE SMUL | 0:25:26 |
| 3. Jason INMAN | 0:25:46 |

1.	114	00:01:27	156m	9'18"/km
2.	134	00:00:30 00:01:57	41m	12'12"/km
3.	102	00:00:44 00:02:41	115m	6'23"/km
4.	115	00:01:42 00:04:23	134m	12'41"/km
5.	116	00:00:33 00:04:56	101m	5'27"/km
6.	129	00:00:57 00:05:53	149m	6'23"/km
7.	160	00:00:44 00:06:37	86m	8'32"/km
8.	156	00:00:30 00:07:07	88m	5'41"/km
9.	136	00:01:07 00:08:14	158m	7'04"/km
10.	155	00:02:03 00:10:17	85m	24'07"/km
11.	106	00:00:37 00:10:54	112m	5'30"/km
12.	112	00:00:57 00:11:51	144m	6'36"/km
13.	153	00:00:48 00:12:39	137m	5'50"/km
14.	109	00:00:33 00:13:12	76m	7'14"/km
15.	108	00:01:02 00:14:14	159m	6'30"/km
16.	200	00:00:59 00:15:13	146m	6'44"/km
17.	103	00:00:53 00:16:06	87m	10'09"/km
18.	143	00:00:57 00:17:03	97m	9'48"/km
19.	138	00:00:50 00:17:53	119m	7'00"/km
20.	131	00:00:45 00:18:38	147m	5'06"/km
21.	152	00:01:40 00:20:18	205m	8'08"/km
22.	117	00:00:38 00:20:56	95m	6'40"/km
23.	119	00:02:04 00:23:00	206m	10'02"/km
24.	130	00:00:50 00:23:50	130m	6'25"/km
25.	121	00:00:44 00:24:34	71m	10'20"/km
26.	122	00:01:11 00:25:45	90m	13'09"/km
27.	139	00:01:09 00:26:54	135m	8'31"/km
28.	125	00:01:17 00:28:11	92m	13'57"/km
29.	220	00:00:43 00:28:54	134m	5'21"/km
30.	999	00:00:12 00:29:06	56m	3'34"/km