



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Gilles DE NEYER

ThOR

Course : HE

Distance : 4160m

Time : 0:24:34 (5'54"/km)

5/30

O.K.

[Full result on Webres](#)

- | | |
|-------------------|---------|
| 1. Wouter HUS | 0:21:39 |
| 2. Liam THIELS | 0:22:46 |
| 3. Rune DE CLERCQ | 0:23:54 |

1.	131	00:01:37		301m	5'22"/km
2.	138	00:00:36	00:02:13	147m	4'05"/km
3.	103	00:01:19	00:03:32	209m	6'18"/km
4.	136	00:00:19	00:03:51	63m	5'02"/km
5.	105	00:01:08	00:04:59	151m	7'30"/km
6.	106	00:00:23	00:05:22	92m	4'10"/km
7.	149	00:00:16	00:05:38		
8.	107	00:00:36	00:06:14		
9.	108	00:01:03	00:07:17	201m	5'13"/km
10.	109	00:00:45	00:08:02	159m	4'43"/km
11.	110	00:00:31	00:08:33	110m	4'42"/km
12.	111	00:00:38	00:09:11	124m	5'06"/km
13.	112	00:00:43	00:09:54	104m	6'53"/km
14.	200	00:00:59	00:10:53	214m	4'36"/km
15.	113	00:00:42	00:11:35	155m	4'31"/km
16.	115	00:01:44	00:13:19	353m	4'55"/km
17.	116	00:00:27	00:13:46	101m	4'27"/km
18.	129	00:00:49	00:14:35	149m	5'29"/km
19.	119	00:01:25	00:16:00	212m	6'41"/km
20.	118	00:00:45	00:16:45	98m	7'39"/km
21.	117	00:00:34	00:17:19	109m	5'12"/km
22.	128	00:01:10	00:18:29	140m	8'20"/km
23.	127	00:01:10	00:19:39	213m	5'29"/km
24.	130	00:00:29	00:20:08	68m	7'06"/km
25.	121	00:00:27	00:20:35	71m	6'20"/km
26.	122	00:00:50	00:21:25	90m	9'16"/km
27.	123	00:00:37	00:22:02	95m	6'29"/km
28.	124	00:00:37	00:22:39	67m	9'12"/km
29.	125	00:00:37	00:23:16	94m	6'34"/km
30.	126	00:00:35	00:23:51	83m	7'02"/km
31.	220	00:00:33	00:24:24	77m	7'09"/km
32.	999	00:00:10	00:24:34	56m	2'59"/km