



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Morgane CYFFERS

Villeneuve d'Ascq Lille Métropole

Orientation

Course : D40

Distance : 3480m

Time : 1:02:24 (17'56"/km)

15/21

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Agnès MERCIER | 0:25:59 |
| 2. Lieke VAN OPSTAL | 0:30:20 |
| 3. Aurélie KIRILOV | 0:31:24 |

1.	101	00:04:52		214m	22'44"/km
2.	147	00:03:14	00:08:06	91m	35'32"/km
3.	102	00:00:35	00:08:41	80m	7'18"/km
4.	114	00:01:46	00:10:27	140m	12'37"/km
5.	103	00:02:11	00:12:38	78m	27'59"/km
6.	200	00:01:09	00:13:47	87m	13'13"/km
7.	106	00:05:04	00:18:51	229m	22'08"/km
8.	112	00:01:30	00:20:21	144m	10'25"/km
9.	153	00:01:30	00:21:51	137m	10'57"/km
10.	109	00:01:20	00:23:11	76m	17'33"/km
11.	108	00:02:03	00:25:14	159m	12'54"/km
12.	200	00:01:28	00:26:42	146m	10'03"/km
13.	131	00:02:01	00:28:43	292m	6'54"/km
14.	127	00:05:01	00:33:44	234m	21'26"/km
15.	119	00:01:13	00:34:57	63m	19'19"/km
16.	133	00:00:46	00:35:43	43m	17'50"/km
17.	118	00:01:35	00:37:18	85m	18'38"/km
18.	117	00:02:14	00:39:32	109m	20'29"/km
19.	162	00:04:23	00:43:55	163m	26'53"/km
20.	116	00:01:49	00:45:44	187m	9'43"/km
21.	122	00:04:36	00:50:20	108m	42'36"/km
22.	130	00:02:18	00:52:38	84m	27'23"/km
23.	121	00:00:52	00:53:30	71m	12'12"/km
24.	130	00:00:40	00:54:10	71m	9'23"/km
25.	123	00:01:22	00:55:32	58m	23'34"/km
26.	124	00:02:43	00:58:15	67m	40'33"/km
27.	125	00:01:47	01:00:02	94m	18'58"/km
28.	141	00:01:32	01:01:34	108m	14'12"/km
29.	220	00:00:37	01:02:11	66m	9'21"/km
30.	999	00:00:13	01:02:24	56m	3'52"/km