



NORTH SEA TROPHY 2022 - DAY 1

HET LIEFOORD 11.11.2022

K.O.L.

Severine VANDERMEULEN

CO Liège

Course : DE

Distance : 3740m

Time : 0:30:48 (8'14"/km)

9/14

O.K.

[Full result on Webres](#)

1. Anna SERRALLONGA	0:25:49
2. Greet OEYEN	0:26:13
3. Ems DE SMUL	0:27:22

1.	154	00:02:07		254m	8'20"/km
2.	151	00:01:21	00:03:28	139m	9'43"/km
3.	103	00:01:18	00:04:46	138m	9'25"/km
4.	136	00:00:32	00:05:18	63m	8'28"/km
5.	105	00:01:36	00:06:54	151m	10'36"/km
6.	106	00:00:37	00:07:31	92m	6'42"/km
7.	107	00:00:31	00:08:02	50m	10'20"/km
8.	157	00:01:17	00:09:19	167m	7'41"/km
9.	112	00:00:55	00:10:14	79m	11'36"/km
10.	109	00:00:56	00:11:10	104m	8'58"/km
11.	110	00:00:42	00:11:52	110m	6'22"/km
12.	111	00:00:49	00:12:41	124m	6'35"/km
13.	200	00:01:28	00:14:09	255m	5'45"/km
14.	137	00:00:43	00:14:52	122m	5'52"/km
15.	115	00:02:01	00:16:53	317m	6'22"/km
16.	116	00:00:34	00:17:27	101m	5'37"/km
17.	129	00:01:13	00:18:40	149m	8'10"/km
18.	133	00:01:59	00:20:39	169m	11'44"/km
19.	118	00:00:59	00:21:38	85m	11'34"/km
20.	132	00:00:27	00:22:05	49m	9'11"/km
21.	128	00:01:02	00:23:07	133m	7'46"/km
22.	127	00:01:24	00:24:31	213m	6'34"/km
23.	130	00:00:41	00:25:12	68m	10'03"/km
24.	121	00:00:39	00:25:51	71m	9'09"/km
25.	122	00:01:13	00:27:04	90m	13'31"/km
26.	123	00:00:49	00:27:53	95m	8'36"/km
27.	124	00:00:48	00:28:41	67m	11'56"/km
28.	125	00:00:56	00:29:37	94m	9'56"/km
29.	120	00:00:23	00:30:00	47m	8'09"/km
30.	220	00:00:38	00:30:38	91m	6'58"/km
31.	999	00:00:10	00:30:48	56m	2'59"/km