



NK Lang Westerrode-Roekel

Ede 13.11.2022

argus

Mark HEIKOOP

OLIFANT

Omloop : H35

Afstand : 15100m

Tijd : 3:12:53 (12'46"/km)

3/6

O.K.

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- | | |
|----------------|---------|
| 1. Ton HETTEMA | 2:09:06 |
| 2. Cor WILDERS | 2:39:13 |

1.	47	00:06:06	604m	10'06"/km
2.	64	00:04:19 00:10:25	464m	9'18"/km
3.	43	00:03:15 00:13:40	260m	12'30"/km
4.	82	00:02:45 00:16:25	229m	12'01"/km
5.	41	00:02:04 00:18:29	190m	10'53"/km
6.	32	00:06:46 00:25:15	730m	9'16"/km
7.	31	00:02:59 00:28:14	163m	18'18"/km
8.	50	00:05:43 00:33:57	179m	31'56"/km
9.	71	00:02:51 00:36:48	298m	9'34"/km
10.	51	00:05:30 00:42:18	562m	9'47"/km
11.	33	00:03:15 00:45:33	303m	10'44"/km
12.	65	00:06:03 00:51:36	384m	15'45"/km
13.	40	00:11:01 01:02:37	1239m	8'53"/km
14.	69	00:07:26 01:10:03	536m	13'52"/km
15.	38	00:09:29 01:19:32	671m	14'08"/km
16.	59	00:12:37 01:32:09	1079m	11'42"/km
17.	39	00:05:14 01:37:23	450m	11'38"/km
18.	60	00:04:50 01:42:13	448m	10'47"/km
19.	35	00:09:11 01:51:24	924m	9'56"/km
20.	36	00:04:35 01:55:59	334m	13'43"/km
21.	37	00:02:31 01:58:30	81m	31'04"/km
22.	52	00:08:56 02:07:26	851m	10'30"/km
23.	44	00:07:57 02:15:23	316m	25'09"/km
24.	42	00:03:13 02:18:36	188m	17'07"/km
25.	57	00:08:54 02:27:30	609m	14'37"/km
26.	81	00:12:36 02:40:06	945m	13'20"/km
27.	48	00:06:26 02:46:32	329m	19'33"/km
28.	46	00:01:11 02:47:43	77m	15'22"/km
29.	56	00:08:05 02:55:48	547m	14'47"/km
30.	61	00:08:55 03:04:43	596m	14'58"/km
31.	999	00:08:10 03:12:53		