



BEL Meisterschaft Langdistanz

Schlierbach 4.9.2022

O.L.G. St. Vith ARDOC

Grégoire VANDEGHINSTE

Hainaut O.C.

Strecke : HE

Länge : 14290m (Steigung 590m)

Zeit : 2:01:14 (8'29"/km)

18/24

O.K.

[Vollständige Ergebnisse auf Webres](#)

1. Yannick MICHIELS	1:23:05
2. Mathias BLAISE	1:30:57
3. Simon KREKELS	1:33:10

1.	131	00:03:00		318m	9'26"/km
2.	132	00:01:01	00:04:01	166m	6'07"/km
3.	133	00:12:24	00:16:25	1696m	7'19"/km
4.	134	00:03:39	00:20:04	507m	7'12"/km
5.	135	00:03:34	00:23:38	353m	10'06"/km
6.	115	00:02:55	00:26:33	343m	8'30"/km
7.	99	00:05:58	00:32:31	894m	6'40"/km
8.	103	00:06:02	00:38:33	760m	7'56"/km
9.	138	00:04:29	00:43:02	268m	16'44"/km
10.	139	00:05:27	00:48:29	661m	8'15"/km
11.	140	00:01:16	00:49:45	206m	6'09"/km
12.	141	00:01:49	00:51:34	313m	5'48"/km
13.	142	00:07:33	00:59:07	845m	8'56"/km
14.	118	00:03:55	01:03:02	448m	8'45"/km
15.	119	00:02:00	01:05:02	265m	7'33"/km
16.	120	00:02:55	01:07:57	308m	9'28"/km
17.	97	00:02:34	01:10:31	306m	8'23"/km
18.	144	00:08:44	01:19:15	845m	10'20"/km
19.	162	00:03:48	01:23:03	171m	22'13"/km
20.	146	00:03:27	01:26:30	358m	9'38"/km
21.	163	00:04:22	01:30:52	592m	7'23"/km
22.	147	00:05:28	01:36:20	610m	8'58"/km
23.	148	00:02:31	01:38:51	238m	10'34"/km
24.	149	00:04:49	01:43:40	444m	10'51"/km
25.	150	00:03:18	01:46:58	398m	8'17"/km
26.	153	00:05:15	01:52:13	738m	7'07"/km
27.	152	00:03:18	01:55:31	275m	12'00"/km
28.	88	00:01:22	01:56:53	200m	6'50"/km
29.	94	00:01:10	01:58:03	149m	7'50"/km
30.	117	00:01:39	01:59:42	230m	7'10"/km
31.	165	00:01:07	02:00:49	148m	7'33"/km
32.	999	00:00:25	02:01:14	97m	4'18"/km