



BEL Meisterschaft Langdistanz

Schlierbach 4.9.2022

O.L.G. St. Vith ARDOC

Warre SIMKENS

K.O.L.

Strecke : H-12

Länge : 2930m (Steigung 80m)

Zeit : 0:19:19 (6'36"/km)

4/13

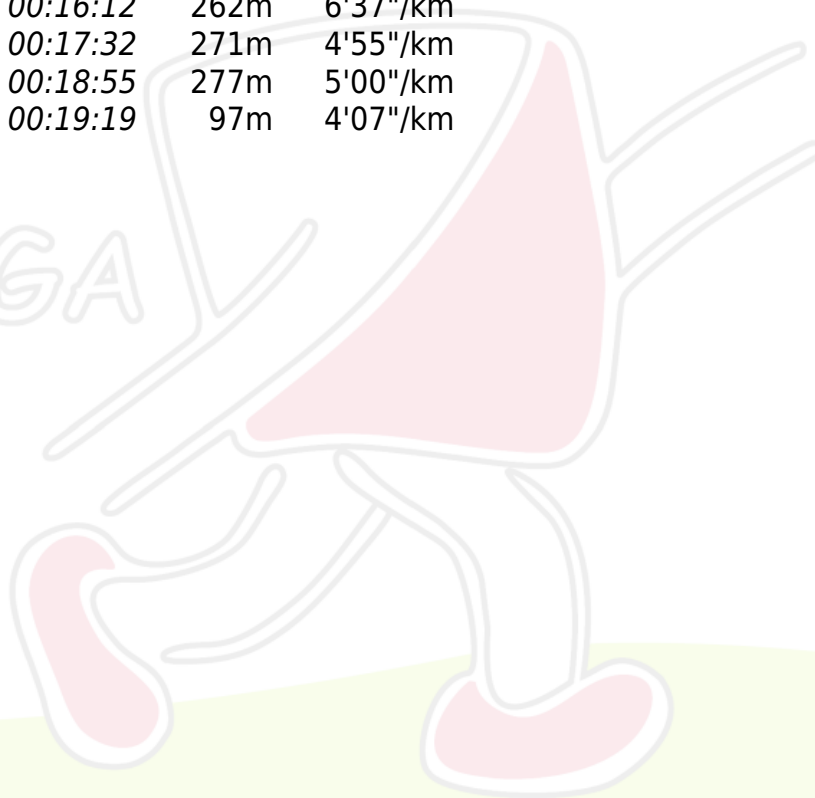
O.K.

[Vollständige Ergebnisse auf Webres](#)

- | | |
|------------------|---------|
| 1. Thor WOLLES | 0:16:49 |
| 2. Nathan JANSEN | 0:18:02 |
| 3. Kobe DEFERM | 0:18:04 |

1.	126	00:03:28		424m	8'11"/km
2.	154	00:00:33	00:04:01	87m	6'19"/km
3.	122	00:01:28	00:05:29	192m	7'38"/km
4.	158	00:01:12	00:06:41	175m	6'51"/km
5.	157	00:02:08	00:08:49	336m	6'21"/km
6.	159	00:03:20	00:12:09	419m	7'57"/km
7.	160	00:02:19	00:14:28	245m	9'27"/km
8.	155	00:01:44	00:16:12	262m	6'37"/km
9.	130	00:01:20	00:17:32	271m	4'55"/km
10.	165	00:01:23	00:18:55	277m	5'00"/km
11.	999	00:00:24	00:19:19	97m	4'07"/km

HELGA



Orienteering Software