



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Roman ELSEN

Omega

Omloop : H:02

Afstand : 7340m

Tijd : 2:03:42 (16'51"/km)

20/21

O.K.

[Volledige uitslagen op Webres](#)

1.	Guido LENGES	1:01:53
2.	Roland VAN LOON	1:03:01
2.	Dirk GOOSSENS	1:03:01

1.	104	00:02:54		76m	38'09"/km
2.	108	00:03:11	00:06:05	148m	21'31"/km
3.	115	00:06:45	00:12:50	415m	16'16"/km
4.	118	00:01:40	00:14:30	95m	17'33"/km
5.	127	00:05:13	00:19:43	447m	11'40"/km
6.	125	00:04:34	00:24:17	215m	21'14"/km
7.	133	00:13:46	00:38:03	1024m	13'27"/km
8.	136	00:07:38	00:45:41	587m	13'00"/km
9.	139	00:03:58	00:49:39	210m	18'53"/km
10.	142	00:03:48	00:53:27	181m	21'00"/km
11.	145	00:04:59	00:58:26	255m	19'33"/km
12.	133	00:04:34	01:03:00	474m	9'38"/km
13.	150	00:07:39	01:10:39	577m	13'15"/km
14.	146	00:06:09	01:16:48	259m	23'45"/km
15.	149	00:05:25	01:22:13	141m	38'25"/km
16.	156	00:06:26	01:28:39	423m	15'13"/km
17.	133	00:11:48	01:40:27	288m	40'58"/km
18.	132	00:06:56	01:47:23	364m	19'03"/km
19.	158	00:06:13	01:53:36	381m	16'19"/km
20.	162	00:04:12	01:57:48	361m	11'38"/km
21.	220	00:05:00	02:02:48	335m	14'56"/km
22.	999	00:00:54	02:03:42	89m	10'07"/km

Orienteering Software