



Forest cup Hechtelse Duinen Oost

Hechtel 2.10.2022

K.O.L.

Kiara NIJST

Omega

Omloop : D:03

Afstand : 5880m

Tijd : 1:08:06 (11'35"/km)

3/13

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-----------------------|---------|
| 1. Elisabeth SCHUTJES | 0:54:12 |
| 2. Lieke VAN OPSTAL | 0:57:51 |

1.	110	00:03:23		316m	10'42"/km
2.	111	00:00:54	00:04:17	83m	10'51"/km
3.	117	00:01:08	00:05:25	142m	7'59"/km
4.	118	00:02:54	00:08:19	123m	23'35"/km
5.	120	00:04:12	00:12:31	252m	16'40"/km
6.	123	00:03:35	00:16:06	325m	11'02"/km
7.	131	00:04:55	00:21:01	426m	11'32"/km
8.	145	00:06:04	00:27:05	511m	11'52"/km
9.	140	00:04:25	00:31:30	294m	15'01"/km
10.	138	00:02:13	00:33:43	223m	9'56"/km
11.	133	00:05:22	00:39:05	483m	11'07"/km
12.	155	00:02:59	00:42:04	246m	12'08"/km
13.	163	00:08:25	00:50:29	864m	9'44"/km
14.	172	00:04:11	00:54:40	323m	12'57"/km
15.	171	00:03:58	00:58:38	381m	10'25"/km
16.	168	00:03:13	01:01:51	218m	14'45"/km
17.	165	00:02:58	01:04:49	282m	10'31"/km
18.	220	00:02:49	01:07:38	303m	9'18"/km
19.	999	00:00:28	01:08:06	89m	5'15"/km

Orienteering Software