



LOS 2022-04

Sportoase Leuven 17.9.2022

Omega

Sonja NIJS

Omega

Course : D:01

Distance : 4280m

Time : 0:54:47 (12'48"/km)

9/12

O.K.

[Full result on Webres](#)

- | | |
|-----------------|---------|
| 1. Lies DESAER | 0:37:56 |
| 2. Siel DE SMUL | 0:45:17 |
| 3. Lisa RAES | 0:46:12 |

1.	31	00:01:41		151m	11'09"/km
2.	32	00:00:38	00:02:19	59m	10'44"/km
3.	33	00:00:35	00:02:54	76m	7'41"/km
4.	34	00:00:49	00:03:43	84m	9'43"/km
5.	35	00:00:36	00:04:19	78m	7'42"/km
6.	36	00:01:12	00:05:31	114m	10'32"/km
7.	37	00:02:09	00:07:40	204m	10'32"/km
8.	38	00:01:41	00:09:21	152m	11'04"/km
9.	39	00:03:14	00:12:35	144m	22'27"/km
10.	40	00:01:07	00:13:42	65m	17'11"/km
11.	42	00:00:55	00:14:37	83m	11'03"/km
12.	41	00:01:51	00:16:28	190m	9'44"/km
13.	43	00:02:14	00:18:42	215m	10'23"/km
14.	45	00:01:42	00:20:24	157m	10'50"/km
15.	44	00:02:48	00:23:12	201m	13'56"/km
16.	46	00:01:32	00:24:44	148m	10'22"/km
17.	47	00:02:02	00:26:46	129m	15'46"/km
18.	48	00:01:01	00:27:47	133m	7'39"/km
19.	49	00:03:00	00:30:47	129m	23'15"/km
20.	50	00:01:40	00:32:27	123m	13'33"/km
21.	51	00:01:20	00:33:47	123m	10'50"/km
22.	52	00:03:21	00:37:08	228m	14'42"/km
23.	53	00:02:12	00:39:20	204m	10'47"/km
24.	55	00:03:59	00:43:19	162m	24'35"/km
25.	56	00:03:41	00:47:00	266m	13'51"/km
26.	66	00:01:06	00:48:06		
27.	57	00:00:50	00:48:56		
28.	54	00:01:57	00:50:53	192m	10'09"/km
29.	58	00:01:33	00:52:26	126m	12'18"/km
30.	59	00:01:21	00:53:47	71m	19'01"/km
31.	60	00:00:48	00:54:35	124m	6'27"/km
32.	999	00:00:12	00:54:47	30m	6'40"/km