



Zijpendaal Arnhem
Zijpendaal Arnhem 11.9.2022
argus

Herman ELFRINK

MINOR

Omloop : LD

Afstand : 6070m

Tijd : 1:13:35 (12'07"/km)

5/7

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------------|---------|
| 1. Antal GUSZLEV | 0:52:25 |
| 2. Gerrit RIET, VAN DE | 0:59:02 |
| 3. Martell DEMARTEAU | 1:01:46 |

1.	71	00:02:20	236m	9'53"/km
2.	72	00:04:22 00:06:42	176m	24'49"/km
3.	82	00:02:00 00:08:42	203m	9'51"/km
4.	63	00:02:04 00:10:46	221m	9'21"/km
5.	74	00:01:05 00:11:51	124m	8'44"/km
6.	87	00:01:29 00:13:20	171m	8'40"/km
7.	75	00:01:39 00:14:59	188m	8'47"/km
8.	70	00:01:41 00:16:40	162m	10'23"/km
9.	81	00:02:20 00:19:00	233m	10'01"/km
10.	57	00:02:42 00:21:42	264m	10'14"/km
11.	83	00:05:07 00:26:49	449m	11'24"/km
12.	84	00:02:26 00:29:15	249m	9'46"/km
13.	85	00:01:30 00:30:45	161m	9'19"/km
14.	88	00:02:24 00:33:09	222m	10'49"/km
15.	90	00:05:57 00:39:06	333m	17'52"/km
16.	92	00:05:40 00:44:46	353m	16'03"/km
17.	93	00:01:32 00:46:18	137m	11'12"/km
18.	94	00:00:37 00:46:55	47m	13'07"/km
19.	95	00:01:37 00:48:32	155m	10'26"/km
20.	96	00:01:57 00:50:29	164m	11'53"/km
21.	97	00:01:41 00:52:10	137m	12'17"/km
22.	60	00:01:44 00:53:54	166m	10'27"/km
23.	76	00:05:56 00:59:50	216m	27'28"/km
24.	77	00:02:19 01:02:09	173m	13'23"/km
25.	94	00:01:11 01:03:20	123m	9'37"/km
26.	93	00:00:25 01:03:45	47m	8'52"/km
27.	79	00:03:51 01:07:36	363m	10'36"/km
28.	80	00:03:13 01:10:49	272m	11'50"/km
29.	69	00:01:38 01:12:27	168m	9'43"/km
30.	999	00:01:08 01:13:35	160m	7'05"/km