



Nationale Lang

Weyervlakte 21.8.2022

Omega

Ellen MOLS

hamok

Course : D40

Distance : 7340m (Climbing 35m)

Time : 1:08:08,054 (9'17"/km)

3/9

O.K.

[Full result on Webres](#)

1. Lieke VAN OPSTAL
2. Sofie HERREMANS

1:03:53
1:06:05

1.	124	00:03:42		416m	8'54"/km
2.	141	00:05:35	00:09:17	631m	8'51"/km
3.	142	00:01:31	00:10:48	205m	7'24"/km
4.	151	00:10:26	00:21:14	1179m	8'51"/km
5.	153	00:04:06	00:25:20	453m	9'03"/km
6.	154	00:04:07	00:29:27	412m	10'00"/km
7.	158	00:04:24	00:33:51	378m	11'38"/km
8.	150	00:03:54	00:37:45	433m	9'00"/km
9.	144	00:11:07	00:48:52	989m	11'14"/km
10.	175	00:02:44	00:51:36	343m	7'58"/km
11.	136	00:06:36	00:58:12	830m	7'57"/km
12.	132	00:04:14	01:02:26	461m	9'11"/km
13.	129	00:01:57	01:04:23	247m	7'54"/km
14.	180	00:03:11	01:07:34	273m	11'40"/km
15.	999	00:00:34	01:08:08	95m	5'58"/km

HELGA

Orienteering Software