

Remco HEREIJGERS

Antwerp Orienteers

Circuit : HE

Distance : 12810m (Dénivelé 330m)

Temps : 2:04:30 (9'43"/km)

25/36

O.K.

[Résultats complets sur Webres](#)

1. Yannick MICHIELS	1:13:02
2. Evert LEEUWS	1:14:40
3. Florian SCHNEIDER	1:19:18

1.	205	00:08:25		1220m	6'54"/km
2.	188	00:02:08	00:10:33	340m	6'16"/km
3.	187	00:02:01	00:12:34	254m	7'56"/km
4.	169	00:03:49	00:16:23	172m	22'11"/km
5.	170	00:09:15	00:25:38	926m	9'59"/km
6.	209	00:06:21	00:31:59	582m	10'55"/km
7.	171	00:04:37	00:36:36	428m	10'47"/km
8.	195	00:00:59	00:37:35	113m	8'42"/km
9.	172	00:06:46	00:44:21	1011m	6'42"/km
10.	196	00:03:26	00:47:47	294m	11'41"/km
11.	174	00:06:39	00:54:26	681m	9'46"/km
12.	220	00:02:28	00:56:54	274m	9'00"/km
13.	245	00:09:11	01:06:05	445m	20'38"/km
14.	226	00:05:04	01:11:09	544m	9'19"/km
15.	213	00:05:15	01:16:24	680m	7'43"/km
16.	199	00:00:56	01:17:20	131m	7'07"/km
17.	246	00:01:28	01:18:48	209m	7'01"/km
18.	197	00:05:30	01:24:18	695m	7'55"/km
19.	189	00:05:13	01:29:31	682m	7'39"/km
20.	179	00:03:35	01:33:06	401m	8'56"/km
21.	210	00:01:18	01:34:24	146m	8'54"/km
22.	192	00:02:01	01:36:25	260m	7'45"/km
23.	229	00:01:22	01:37:47	216m	6'20"/km
24.	191	00:01:45	01:39:32	236m	7'25"/km
25.	190	00:03:55	01:43:27	333m	11'46"/km
26.	202	00:09:17	01:52:44	319m	29'06"/km
27.	181	00:01:43	01:54:27	89m	19'17"/km
28.	182	00:05:32	01:59:59	334m	16'34"/km
29.	237	00:02:26	02:02:25	210m	11'35"/km
30.	238	00:00:35	02:03:00	102m	5'43"/km
31.	100	00:01:05	02:04:05	254m	4'16"/km
32.	999	00:00:25	02:04:30	131m	3'11"/km