



Treino tradicional de orientação
Região dos toneis, Park Way. 25.6.2022
Clube de Orientação do Colégio Militar de Brasília

César Da Silva Pinto Bomtempo

MASC/EXP

Percurso : MASC/EXP

Distancia : 5300m (Desnivel 250m)

Tempo : 1:00:30 (11'25"/km)

9/50

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Juliano Pereira Pasturiza | 0:36:49 |
| 2. Roberto Alves Carrijo | 0:45:25 |
| 3. Jose Francisco | 0:45:29 |

1.	41	00:01:25		191m	7'25"/km
2.	33	00:01:54	00:03:19	202m	9'24"/km
3.	43	00:02:03	00:05:22	273m	7'31"/km
4.	56	00:02:38	00:08:00	215m	12'15"/km
5.	47	00:01:41	00:09:41	132m	12'45"/km
6.	45	00:02:17	00:11:58	337m	6'47"/km
7.	49	00:01:10	00:13:08	93m	12'33"/km
8.	51	00:02:07	00:15:15	162m	13'04"/km
9.	48	00:03:21	00:18:36	290m	11'33"/km
10.	52	00:03:02	00:21:38	309m	9'49"/km
11.	35	00:06:10	00:27:48	358m	17'14"/km
12.	57	00:04:46	00:32:34	74m	64'25"/km
13.	38	00:00:00	00:32:34	88m	0'00"/km
14.	50	00:03:56	00:36:30	332m	11'51"/km
15.	54	00:01:47	00:38:17	171m	10'26"/km
16.	40	00:02:16	00:40:33	203m	11'10"/km
17.	55	00:02:31	00:43:04	150m	16'47"/km
18.	39	00:02:30	00:45:34	155m	16'08"/km
19.	42	00:04:57	00:50:31	646m	7'40"/km
20.	32	00:02:06	00:52:37	206m	10'12"/km
21.	31	00:01:32	00:54:09	77m	19'55"/km
22.	34	00:01:32	00:55:41	206m	7'27"/km
23.	44	00:02:29	00:58:10	170m	14'36"/km
24.	58	00:04:09	01:02:19	158m	26'16"/km
25.	999	00:00:00	01:02:19	91m	0'00"/km

Orienteering Software