



TRAIL RUN F5 - ETAPA 5

IPIOCA - AL 12.6.2022

TRAIL RUN F5

Alex

TRAIL RUN F5

Percurso : 6 KM SOLO MASCULINO 30-39

Distancia : 6440m (Desnivel 116m)

Tempo : 0:52:34,964 (8'10"/km)

13/19

O.K.

[Resultados completos em Webres](#)

1.	Waldo	0:36:02,085
2.	Ruan Barros	0:38:10,609
3.	Verisson	0:38:48,406

1.	81	00:06:41		740m	9'02"/km
2.	82	00:08:01	00:14:42	950m	8'26"/km
3.	84	00:13:21	00:28:03	1520m	8'47"/km
4.	85	00:08:46	00:36:49	1240m	7'04"/km
5.	81	00:10:34	00:47:23	1200m	8'48"/km
6.	999	00:05:11	00:52:34	740m	7'00"/km

HELGA



Orienteering Software