



Régionale urbaine Nivelles

Nivelles 22.5.2022

Altaïr C.O.

Grégoire VANDEGHINSTE

Hainaut O.C.

Circuit : H:Très Long

Distance : 8300m

Temps : 1:00:10 (7'15"/km)

3/16

O.K.

[Résultats complets sur Webres](#)

- | | |
|----------------------|---------|
| 1. Clément DEMEUSE | 0:52:49 |
| 2. Etienne VAN GASSE | 0:59:56 |

1.	167	00:01:19	124m	10'37"/km
2.	184	00:01:46 00:03:05	277m	6'23"/km
3.	185	00:01:34 00:04:39	291m	5'23"/km
4.	186	00:01:31 00:06:10	148m	10'15"/km
5.	187	00:01:19 00:07:29	120m	10'58"/km
6.	190	00:00:53 00:08:22	125m	7'04"/km
7.	188	00:00:39 00:09:01	126m	5'10"/km
8.	193	00:01:26 00:10:27	246m	5'50"/km
9.	218	00:01:02 00:11:29	170m	6'05"/km
10.	194	00:02:02 00:13:31	348m	5'51"/km
11.	198	00:00:59 00:14:30	180m	5'28"/km
12.	196	00:02:28 00:16:58	221m	11'10"/km
13.	219	00:00:55 00:17:53	64m	14'19"/km
14.	197	00:01:24 00:19:17	220m	6'22"/km
15.	201	00:02:50 00:22:07	354m	8'00"/km
16.	220	00:01:08 00:23:15	130m	8'43"/km
17.	221	00:00:55 00:24:10	134m	6'50"/km
18.	222	00:03:34 00:27:44	398m	8'58"/km
19.	203	00:02:58 00:30:42	334m	8'53"/km
20.	205	00:02:37 00:33:19	204m	12'50"/km
21.	206	00:01:44 00:35:03	258m	6'43"/km
22.	195	00:01:03 00:36:06	144m	7'18"/km
23.	208	00:04:28 00:40:34	360m	12'24"/km
24.	207	00:01:18 00:41:52	230m	5'39"/km
25.	204	00:00:40 00:42:32	110m	6'04"/km
26.	209	00:00:37 00:43:09	103m	5'59"/km
27.	210	00:01:46 00:44:55	240m	7'22"/km
28.	189	00:01:32 00:46:27	290m	5'17"/km
29.	183	00:01:30 00:47:57	244m	6'09"/km
30.	223	00:00:57 00:48:54	178m	5'20"/km
31.	224	00:00:00 00:48:54	35m	0'00"/km
32.	181	00:01:29 00:50:23	217m	6'50"/km
33.	169	00:02:00 00:52:23	397m	5'02"/km
34.	173	00:02:19 00:54:42	347m	6'41"/km
35.	171	00:00:36 00:55:18	49m	12'15"/km
36.	176	00:00:56 00:56:14	155m	6'01"/km

37.	174	00:01:10	00:57:24	190m	6'08"/km
38.	179	00:01:01	00:58:25	192m	5'18"/km
39.	255	00:01:11	00:59:36	192m	6'10"/km
40.	999	00:00:34	01:00:10	138m	4'06"/km

