



Régionale urbaine Nivelles

Nivelles 22.5.2022

Altaïr C.O.

Julie TIMMERMANS

Hainaut O.C.

Circuit : D:Long

Distance : 7000m

Temps : 1:36:58 (13'51"/km)

3/3

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Valérie AUGHUET | 1:14:50 |
| 2. Claire MUYLLAERT | 1:31:34 |

1.	189	00:03:36		398m	9'03"/km
2.	210	00:02:49	00:06:25	290m	9'43"/km
3.	204	00:03:47	00:10:12	317m	11'56"/km
4.	208	00:02:02	00:12:14	182m	11'10"/km
5.	195	00:08:36	00:20:50	360m	23'53"/km
6.	206	00:01:59	00:22:49	144m	13'46"/km
7.	205	00:02:25	00:25:14	258m	9'22"/km
8.	203	00:04:56	00:30:10	204m	24'11"/km
9.	222	00:04:55	00:35:05	334m	14'43"/km
10.	201	00:06:44	00:41:49	325m	20'43"/km
11.	197	00:04:28	00:46:17	354m	12'37"/km
12.	196	00:03:26	00:49:43	197m	17'26"/km
13.	188	00:03:31	00:53:14	251m	14'01"/km
14.	185	00:03:50	00:57:04	230m	16'40"/km
15.	186	00:02:25	00:59:29	148m	16'20"/km
16.	187	00:02:39	01:02:08	120m	22'05"/km
17.	193	00:04:40	01:06:48	388m	12'02"/km
18.	167	00:03:49	01:10:37	211m	18'05"/km
19.	183	00:02:25	01:13:02	150m	16'07"/km
20.	223	00:01:55	01:14:57	178m	10'46"/km
21.	224	00:00:00	01:14:57	35m	0'00"/km
22.	174	00:02:18	01:17:15	213m	10'48"/km
23.	176	00:02:05	01:19:20	190m	10'58"/km
24.	171	00:02:21	01:21:41	155m	15'10"/km
25.	168	00:03:06	01:24:47	270m	11'29"/km
26.	169	00:02:15	01:27:02	182m	12'22"/km
27.	177	00:02:25	01:29:27	223m	10'50"/km
28.	179	00:03:17	01:32:44	238m	13'48"/km
29.	182	00:02:29	01:35:13	222m	11'11"/km
30.	255	00:00:47	01:36:00	109m	7'11"/km
31.	999	00:00:58	01:36:58	138m	7'00"/km