



TRAIL RUN F5 - ETAPA 3
ATALAIA - AL 27.3.2022
TRAIL RUN F5

Coruja

TRAILRUN F5

Percurso : 12 KM SOLO MASCULINO 40-49

Distancia : 12000m (Desnivel 100m)

Tempo : 1:09:25,906 (5'47"/km)

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O.K.

[Resultados completos em Webres](#)

1. Aldevan	0:49:59
2. Glauciano	0:51:27,882
3. Adilson	0:52:15,972

1.	81	00:11:27		2000m	5'43"/km
2.	82	00:22:15	00:33:42	4000m	5'34"/km
3.	83	00:25:48	00:59:30	4000m	6'27"/km
4.	999	00:09:55	01:09:25	2000m	4'57"/km

HELGA



Orienteering Software