



# TRAIL RUN F5 - ETAPA 3

## ATALAIA - AL 27.3.2022

### TRAIL RUN F5

#### Thiago

Corredoras e Corredores

Percurso : 12 KM SOLO MASCULINO

Distancia : 12000m (Desnivel 100m)

Tempo : 1:43:44,386 (8'39"/km)

53/59

O.K.

[Resultados completos em Webres](#)

|                  |             |
|------------------|-------------|
| 1. Johny Ewerton | 0:45:35,046 |
| 2. Cicero Carlos | 0:47:07,316 |
| 3. Alex Penedo   | 0:49:26,601 |

|    |     |          |          |       |          |
|----|-----|----------|----------|-------|----------|
| 1. | 81  | 00:15:29 |          | 2000m | 7'44"/km |
| 2. | 82  | 00:35:32 | 00:51:01 | 4000m | 8'53"/km |
| 3. | 83  | 00:39:25 | 01:30:26 | 4000m | 9'51"/km |
| 4. | 999 | 00:13:18 | 01:43:44 | 2000m | 6'39"/km |

HELGA



Orienteering Software