

Lenteloop Ekeren

Ekeren 27.4.2022

Antwerp Orienteers

Jelle BAKELANTS

Antwerp Orienteers

Omloop : H:1

Afstand : 5580m

Tijd : 0:37:36 (6'44"/km)

12/21

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Remco HEREIJGERS | 0:28:44 |
| 2. Lennert LENS | 0:30:45 |
| 3. Ruben GRIETENS | 0:31:24 |

1.	47	00:00:44		107m	6'51"/km
2.	48	00:00:36	00:01:20	113m	5'19"/km
3.	49	00:00:42	00:02:02	95m	7'22"/km
4.	50	00:02:17	00:04:19	354m	6'27"/km
5.	51	00:00:50	00:05:09	143m	5'50"/km
6.	52	00:00:59	00:06:08	147m	6'41"/km
7.	53	00:01:20	00:07:28	248m	5'23"/km
8.	62	00:01:02	00:08:30	134m	7'43"/km
9.	57	00:03:45	00:12:15	304m	12'20"/km
10.	54	00:03:06	00:15:21	453m	6'51"/km
11.	33	00:03:25	00:18:46	588m	5'49"/km
12.	34	00:00:46	00:19:32	90m	8'31"/km
13.	35	00:01:17	00:20:49	157m	8'10"/km
14.	38	00:01:49	00:22:38	244m	7'27"/km
15.	37	00:00:45	00:23:23	81m	9'16"/km
16.	36	00:00:32	00:23:55	84m	6'21"/km
17.	33	00:01:09	00:25:04	176m	6'32"/km
18.	58	00:00:32	00:25:36	70m	7'37"/km
19.	44	00:00:43	00:26:19	135m	5'19"/km
20.	32	00:00:59	00:27:18	128m	7'41"/km
21.	59	00:01:16	00:28:34	214m	5'55"/km
22.	33	00:00:38	00:29:12	91m	6'58"/km
23.	40	00:01:16	00:30:28	163m	7'46"/km
24.	43	00:01:05	00:31:33	129m	8'24"/km
25.	42	00:00:37	00:32:10	103m	5'59"/km
26.	41	00:00:53	00:33:03	176m	5'01"/km
27.	60	00:00:44	00:33:47	131m	5'36"/km
28.	31	00:01:49	00:35:36	323m	5'37"/km
29.	61	00:00:49	00:36:25	147m	5'33"/km
30.	45	00:00:41	00:37:06	96m	7'07"/km
31.	56	00:00:16	00:37:22	53m	5'02"/km
32.	999	00:00:14	00:37:36	66m	3'32"/km