



Treino Sprint Ceasa

CEASA - Curitiba/PR 10.4.2022

Clube de Orientação de Curitiba

Wanderley Bandoch

Clube de Orientação Gralha Azul

Percurso : H Veter A

Distancia : 2800m (Desnivel 5m)

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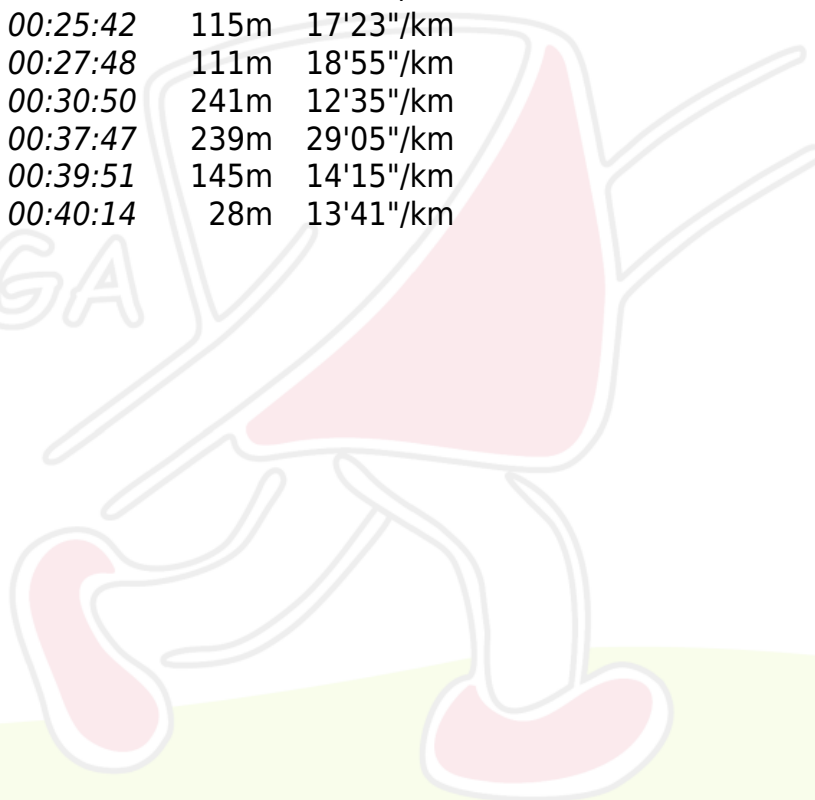
não classificado

[Resultados completos em Webres](#)

- | | |
|-------------------------------|---------|
| 1. Clayton Silva da Fontoura | 0:23:48 |
| 2. Ronaldo Grontowski Ribeiro | 0:24:20 |
| 3. Nilson Gongra | 0:29:15 |

1.	98	00:04:46		203m	23'29"/km
2.	108	00:01:06	00:05:52	98m	11'13"/km
3.	107	00:02:01	00:07:53	113m	17'51"/km
4.	103	00:03:51	00:11:44	169m	22'47"/km
5.	106	00:01:52	00:13:36		
6.	111	00:01:41	00:15:17	160m	10'31"/km
7.	99	00:02:57	00:18:14	164m	17'59"/km
8.	112	00:03:12	00:21:26	245m	13'04"/km
9.	114	00:02:16	00:23:42	42m	53'58"/km
10.	116	00:02:00	00:25:42	115m	17'23"/km
11.	115	00:02:06	00:27:48	111m	18'55"/km
12.	110	00:03:02	00:30:50	241m	12'35"/km
13.	96	00:06:57	00:37:47	239m	29'05"/km
14.	113	00:02:04	00:39:51	145m	14'15"/km
15.	999	00:00:23	00:40:14	28m	13'41"/km

HELGA



Orienteering Software