



BK midden afstand
HELCHTERENBOS 27.3.2022
K.O.L.

Clément DEMEUSE

CO Liège

Omloop : HE

Afstand : 7420m

Tijd : 0:36:55 (4'59"/km)

8/20

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:32:24 |
| 2. Evert LEEUWS | 0:33:30 |
| 3. Wouter HUS | 0:33:32 |

1.	167	00:02:29		388m	6'24"/km
2.	153	00:00:29	00:02:58	95m	5'05"/km
3.	170	00:01:03	00:04:01	199m	5'17"/km
4.	199	00:00:50	00:04:51	183m	4'33"/km
5.	156	00:01:44	00:06:35	375m	4'37"/km
6.	171	00:01:07	00:07:42	231m	4'50"/km
7.	202	00:00:56	00:08:38	173m	5'24"/km
8.	204	00:01:03	00:09:41	231m	4'33"/km
9.	155	00:00:21	00:10:02	72m	4'52"/km
10.	148	00:00:34	00:10:36	109m	5'12"/km
11.	203	00:00:37	00:11:13	130m	4'45"/km
12.	196	00:01:18	00:12:31	285m	4'34"/km
13.	180	00:01:14	00:13:45	266m	4'38"/km
14.	183	00:01:02	00:14:47	217m	4'46"/km
15.	173	00:01:08	00:15:55	239m	4'45"/km
16.	147	00:01:18	00:17:13	290m	4'29"/km
17.	175	00:02:18	00:19:31	460m	5'00"/km
18.	210	00:01:02	00:20:33	179m	5'46"/km
19.	191	00:02:23	00:22:56	527m	4'31"/km
20.	214	00:01:17	00:24:13	207m	6'12"/km
21.	220	00:00:49	00:25:02	146m	5'36"/km
22.	215	00:01:06	00:26:08	235m	4'41"/km
23.	218	00:02:30	00:28:38	598m	4'11"/km
24.	216	00:02:06	00:30:44	153m	13'44"/km
25.	219	00:02:05	00:32:49	446m	4'40"/km
26.	205	00:01:24	00:34:13	317m	4'25"/km
27.	145	00:00:24	00:34:37	74m	5'24"/km
28.	146	00:01:34	00:36:11	342m	4'35"/km
29.	200	00:00:33	00:36:44	152m	3'37"/km
30.	999	00:00:11	00:36:55	99m	1'51"/km