



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

Alfred RAES

Balise 10

Circuit : H70

Distance : 2600m (Dénivelé 70m)

Temps : 0:34:43 (13'21"/km)

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O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Servais HICK | 0:27:12 |
| 2. Luc HEUNINCKX | 0:33:20 |
| 3. Ivo TIMMERMANS | 0:34:21 |

1.	237	00:04:11		463m	9'02"/km
2.	246	00:07:54	00:12:05	367m	21'32"/km
3.	232	00:04:32	00:16:37	208m	21'48"/km
4.	174	00:01:23	00:18:00	117m	11'49"/km
5.	215	00:02:00	00:20:00	226m	8'51"/km
6.	175	00:05:19	00:25:19	413m	12'52"/km
7.	206	00:01:40	00:26:59	138m	12'05"/km
8.	214	00:02:08	00:29:07	147m	14'31"/km
9.	219	00:01:33	00:30:40	111m	13'58"/km
10.	220	00:01:50	00:32:30	100m	18'20"/km
11.	255	00:01:44	00:34:14	223m	7'46"/km
12.	999	00:00:29	00:34:43	87m	5'33"/km

HELGA

Orienteering Software