



Nationale Moyenne Distance

La Houssière 20.3.2022

Altaïr C.O.

Frédéric DE SMET

Hainaut O.C.

Circuit : H45

Distance : 5180m (Dénivelé 130m)

Temps : 1:52:05 (21'38"/km)

14/14

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Nicolas SILLIEN | 0:39:57 |
| 2. Kim JANSEN | 0:43:29 |
| 3. Serge DUSZA | 0:45:21 |

1.	193	00:06:35		373m	17'39"/km
2.	177	00:03:56	00:10:31	199m	19'46"/km
3.	244	00:12:15	00:22:46	489m	25'03"/km
4.	174	00:03:34	00:26:20	227m	15'43"/km
5.	246	00:17:06	00:43:26	296m	57'46"/km
6.	173	00:02:03	00:45:29	151m	13'35"/km
7.	248	00:02:48	00:48:17	193m	14'30"/km
8.	168	00:03:24	00:51:41	150m	22'40"/km
9.	202	00:01:37	00:53:18	94m	17'12"/km
10.	213	00:01:04	00:54:22	91m	11'43"/km
11.	167	00:09:00	01:03:22	427m	21'05"/km
12.	179	00:10:34	01:13:56	795m	13'17"/km
13.	181	00:04:24	01:18:20	269m	16'21"/km
14.	211	00:09:42	01:28:02	259m	37'27"/km
15.	196	00:02:12	01:30:14	167m	13'10"/km
16.	226	00:03:55	01:34:09	176m	22'15"/km
17.	183	00:05:23	01:39:32	140m	38'27"/km
18.	184	00:02:05	01:41:37	238m	8'45"/km
19.	255	00:10:03	01:51:40	359m	28'00"/km
20.	999	00:00:25	01:52:05	87m	4'47"/km

Orienteering Software