



VALENTIJN - FOREST CUP

HECHTEL 13.2.2022

K.O.L.

Rudy ROOMAN

Antwerp Orienteers

Omloop : H:03

Afstand : 5920m

Tijd : 0:48:47 (8'14"/km)

--/37

O.K.

[Volledige uitslagen op Webres](#)

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|--------------------|---------|
| 1. Wiet LAENEN | 0:39:47 |
| 2. Guy TIREZ | 0:41:50 |
| 3. Eric VANDEBROEK | 0:41:54 |

1.	125	00:01:51		272m	6'48"/km
2.	121	00:01:30	00:03:21	253m	5'56"/km
3.	132	00:01:42	00:05:03	239m	7'07"/km
4.	117	00:01:53	00:06:56	289m	6'31"/km
5.	115	00:01:26	00:08:22	156m	9'11"/km
6.	102	00:02:15	00:10:37	309m	7'17"/km
7.	111	00:01:49	00:12:26	237m	7'40"/km
8.	114	00:01:23	00:13:49		
9.	113	00:01:06	00:14:55		
10.	119	00:02:15	00:17:10	196m	11'29"/km
11.	120	00:01:40	00:18:50	199m	8'23"/km
12.	172	00:02:23	00:21:13	280m	8'31"/km
13.	163	00:02:45	00:23:58	362m	7'36"/km
14.	162	00:00:48	00:24:46	101m	7'55"/km
15.	160	00:04:30	00:29:16	386m	11'39"/km
16.	159	00:01:14	00:30:30	177m	6'58"/km
17.	158	00:04:30	00:35:00	266m	16'55"/km
18.	157	00:01:27	00:36:27	239m	6'04"/km
19.	156	00:00:57	00:37:24	149m	6'23"/km
20.	162	00:02:24	00:39:48	358m	6'42"/km
21.	137	00:03:48	00:43:36	504m	7'32"/km
22.	144	00:02:46	00:46:22	376m	7'21"/km
23.	146	00:01:50	00:48:12	286m	6'25"/km
24.	999	00:00:35	00:48:47	150m	3'53"/km

Orienteering Software