



TRAIL RUN F5
COQUEIRO SECO - AL 16.1.2022
TRAIL RUN F5

Fernanda

Amigos da Josi

Percurso : 12KM SOLO FEMININO

Distancia : 11300m (Desnivel 232m)

Tempo : 2:04:43,582 (11'02"/km)

18/19

O.K.

[Resultados completos em Webres](#)

1. Wilza	1:10:47,734
2. Fátima Blaut	1:12:47,554
3. Luzia	1:16:23,085

1.	81	00:16:39		1740m	9'34"/km
2.	82	00:33:13	00:49:52	3270m	10'09"/km
3.	83	00:36:17	01:26:09	2790m	13'00"/km
4.	84	00:25:55	01:52:04	2490m	10'24"/km
5.	999	00:12:39	02:04:43	1070m	11'49"/km

HELGA



Orienteering Software