



III Acampatreinamento de Orientação - Percurso 3

9.1.2022

Associação Desportiva e Cultural Hip-Hop

Elaine Lenz

Clube de Orientação de Santa Maria

Percurso : D Adulto E

Distancia : 300m

Tempo : 0:16:28 (54'53"/km)

1/4

O.K.

[Resultados completos em Webres](#)

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| 2. Camila Seidel Lirio | 0:20:22 |
| 3. Rubia Nascimento Seidel Lirio | 0:23:38 |

1.	32	00:00:28		12m	38'53"/km
2.	67	00:00:53	00:01:21		
3.	33	00:00:58	00:02:19		
4.	53	00:00:14	00:02:33	11m	21'13"/km
5.	50	00:00:37	00:03:10	12m	51'23"/km
6.	31	00:00:43	00:03:53	9m	79'38"/km
7.	44	00:00:44	00:04:37	10m	73'20"/km
8.	57	00:00:24	00:05:01	6m	66'40"/km
9.	31	00:00:27	00:05:28	12m	37'30"/km
10.	58	00:00:41	00:06:09	13m	52'34"/km
11.	41	00:00:31	00:06:40	5m	103'20"/km
12.	31	00:01:05	00:07:45	13m	83'20"/km
13.	46	00:00:37	00:08:22	18m	34'16"/km
14.	56	00:00:26	00:08:48	5m	86'40"/km
15.	43	00:00:44	00:09:32	8m	91'40"/km
16.	61	00:01:02	00:10:34	10m	103'20"/km
17.	35	00:00:17	00:10:51	9m	31'29"/km
18.	71	00:00:44	00:11:35	15m	48'53"/km
19.	36	00:00:30	00:12:05	13m	38'28"/km
20.	62	00:00:19	00:12:24	10m	31'40"/km
21.	47	00:00:19	00:12:43	10m	31'40"/km
22.	55	00:00:28	00:13:11	16m	29'10"/km
23.	38	00:00:19	00:13:30	3m	105'33"/km
24.	39	00:00:17	00:13:47	3m	94'27"/km
25.	59	00:00:23	00:14:10	11m	34'51"/km
26.	52	00:00:25	00:14:35	11m	37'53"/km
27.	34	00:00:36	00:15:11	7m	85'43"/km
28.	65	00:00:18	00:15:29	8m	37'30"/km
29.	71	00:00:33	00:16:02	18m	30'33"/km
30.	70	00:00:12	00:16:14	16m	12'30"/km
31.	999	00:00:14	00:16:28	30m	7'47"/km