



III Acampatreinamento de Orientação - Percurso 3

9.1.2022

Associação Desportiva e Cultural Hip-Hop

Valmor Niedermayer

Clube de Orientação de Santa Cruz

Percurso : H Adulto E

Distancia : 300m

Tempo : 0:16:18 (54'20"/km)

3/6

O.K.

[Resultados completos em Webres](#)

1. Lucas Cremonese Jaeger 0:14:19
2. Jose Roberto Grillo Lesonier Junior 0:14:25

1.	32	00:00:24	12m	33'20"/km
2.	33	00:00:40 00:01:04	11m	60'36"/km
3.	53	00:00:34 00:01:38	11m	51'31"/km
4.	50	00:00:29 00:02:07	12m	40'17"/km
5.	31	00:00:40 00:02:47	9m	74'04"/km
6.	44	00:00:48 00:03:35	10m	80'00"/km
7.	57	00:00:22 00:03:57	6m	61'07"/km
8.	31	00:00:28 00:04:25	12m	38'53"/km
9.	58	00:00:55 00:05:20	13m	70'31"/km
10.	41	00:00:20 00:05:40	5m	66'40"/km
11.	31	00:00:49 00:06:29	13m	62'49"/km
12.	46	00:00:37 00:07:06	18m	34'16"/km
13.	56	00:00:27 00:07:33	5m	90'00"/km
14.	43	00:00:43 00:08:16	8m	89'35"/km
15.	61	00:01:06 00:09:22	10m	110'00"/km
16.	35	00:00:15 00:09:37	9m	27'47"/km
17.	71	00:00:38 00:10:15	15m	42'13"/km
18.	36	00:00:33 00:10:48	13m	42'18"/km
19.	62	00:00:18 00:11:06	10m	30'00"/km
20.	47	00:01:09 00:12:15	10m	115'00"/km
21.	55	00:00:34 00:12:49	16m	35'25"/km
22.	38	00:00:17 00:13:06	3m	94'27"/km
23.	39	00:00:16 00:13:22	3m	88'53"/km
24.	59	00:00:27 00:13:49	11m	40'55"/km
25.	52	00:00:24 00:14:13	11m	36'22"/km
26.	34	00:00:26 00:14:39	7m	61'54"/km
27.	65	00:00:21 00:15:00	8m	43'45"/km
28.	71	00:00:49 00:15:49	18m	45'22"/km
29.	70	00:00:13 00:16:02	16m	13'32"/km
30.	999	00:00:16 00:16:18	30m	8'53"/km