

Régionale LOST

Bois des Rêves et environs 28.11.2021

LOST

Philippe CREFCOEUR

Altair C.O.

Circuit : H:Noir très long

Distance : 8400m (Dénivelé 260m)

Temps : 2:01:44 (14'30"/km)

24/31

O.K.

[Résultats complets sur Webres](#)

1. Christophe BERNARD	1:03:49
2. Simon ARNO	1:07:16
3. Nicolas SILLIEN	1:09:12

1.	169	00:01:08		150m	7'33"/km
2.	172	00:01:13	00:02:21	148m	8'13"/km
3.	177	00:01:53	00:04:14	182m	10'21"/km
4.	175	00:01:16	00:05:30	118m	10'44"/km
5.	171	00:01:06	00:06:36	130m	8'28"/km
6.	170	00:01:41	00:08:17	149m	11'18"/km
7.	197	00:03:20	00:11:37	271m	12'18"/km
8.	224	00:05:10	00:16:47	351m	14'43"/km
9.	204	00:03:23	00:20:10	195m	17'21"/km
10.	206	00:02:00	00:22:10	106m	18'52"/km
11.	207	00:02:11	00:24:21	127m	17'11"/km
12.	210	00:02:44	00:27:05	162m	16'52"/km
13.	213	00:05:37	00:32:42	100m	56'10"/km
14.	214	00:01:15	00:33:57	54m	23'09"/km
15.	216	00:01:59	00:35:56	213m	9'19"/km
16.	217	00:03:32	00:39:28	163m	21'41"/km
17.	220	00:06:30	00:45:58	416m	15'38"/km
18.	192	00:07:39	00:53:37	523m	14'38"/km
19.	191	00:01:35	00:55:12	86m	18'25"/km
20.	194	00:03:01	00:58:13	215m	14'02"/km
21.	195	00:03:10	01:01:23	115m	27'32"/km
22.	190	00:04:52	01:06:15	230m	21'10"/km
23.	189	00:00:45	01:07:00	61m	12'18"/km
24.	188	00:01:21	01:08:21	115m	11'44"/km
25.	186	00:03:03	01:11:24	194m	15'43"/km
26.	185	00:05:26	01:16:50	394m	13'47"/km
27.	183	00:00:48	01:17:38	76m	10'32"/km
28.	182	00:02:06	01:19:44	173m	12'08"/km
29.	181	00:02:14	01:21:58	166m	13'27"/km
30.	223	00:01:29	01:23:27	113m	13'08"/km
31.	167	00:02:45	01:26:12	227m	12'07"/km
32.	196	00:03:15	01:29:27	138m	23'33"/km
33.	200	00:04:29	01:33:56	294m	15'15"/km
34.	208	00:06:13	01:40:09	268m	23'12"/km
35.	211	00:01:24	01:41:33	63m	22'13"/km
36.	209	00:01:20	01:42:53	102m	13'04"/km

37.	207	00:01:42	01:44:35	91m	18'41"/km
38.	205	00:01:33	01:46:08	120m	12'55"/km
39.	203	00:02:28	01:48:36	155m	15'55"/km
40.	222	00:06:19	01:54:55	470m	13'26"/km
41.	218	00:04:24	01:59:19	324m	13'35"/km
42.	219	00:01:46	02:01:05	167m	10'35"/km
43.	999	00:00:39	02:01:44	63m	10'19"/km

HELGA



Orienteering Software