

Régionale LOST

Bois des Rêves et environs 28.11.2021

LOST

Jean-Claude JIMENEZ

hamok

Circuit : H:Noir très long

Distance : 8400m (Dénivelé 260m)

Temps : 1:40:20 (11'57"/km)

19/31

O.K.

[Résultats complets sur Webres](#)

- | | |
|-----------------------|---------|
| 1. Christophe BERNARD | 1:03:49 |
| 2. Simon ARNO | 1:07:16 |
| 3. Nicolas SILLIEN | 1:09:12 |

1.	169	00:01:07		150m	7'27"/km
2.	172	00:01:13	00:02:20	148m	8'13"/km
3.	177	00:01:33	00:03:53	182m	8'31"/km
4.	175	00:01:12	00:05:05	118m	10'10"/km
5.	171	00:00:51	00:05:56	130m	6'32"/km
6.	170	00:01:09	00:07:05	149m	7'43"/km
7.	197	00:04:02	00:11:07	271m	14'53"/km
8.	224	00:04:21	00:15:28	351m	12'24"/km
9.	204	00:02:56	00:18:24	195m	15'03"/km
10.	206	00:02:06	00:20:30	106m	19'49"/km
11.	207	00:01:42	00:22:12	127m	13'23"/km
12.	210	00:02:20	00:24:32	162m	14'24"/km
13.	213	00:05:42	00:30:14	100m	57'00"/km
14.	214	00:01:24	00:31:38	54m	25'56"/km
15.	216	00:01:26	00:33:04	213m	6'44"/km
16.	217	00:02:55	00:35:59	163m	17'54"/km
17.	220	00:05:39	00:41:38	416m	13'35"/km
18.	192	00:05:35	00:47:13	523m	10'41"/km
19.	191	00:01:33	00:48:46	86m	18'01"/km
20.	194	00:02:33	00:51:19	215m	11'52"/km
21.	195	00:01:58	00:53:17	115m	17'06"/km
22.	190	00:04:04	00:57:21	230m	17'41"/km
23.	189	00:00:33	00:57:54	61m	9'01"/km
24.	188	00:01:05	00:58:59	115m	9'25"/km
25.	186	00:02:13	01:01:12	194m	11'26"/km
26.	183	00:03:07	01:04:19		
27.	185	00:00:53	01:05:12	76m	11'37"/km
28.	183	00:00:39	01:05:51	76m	8'33"/km
29.	182	00:01:27	01:07:18	173m	8'23"/km
30.	181	00:01:48	01:09:06	166m	10'51"/km
31.	223	00:01:00	01:10:06	113m	8'51"/km
32.	167	00:01:38	01:11:44	227m	7'12"/km
33.	196	00:02:15	01:13:59	138m	16'18"/km
34.	200	00:02:46	01:16:45	294m	9'25"/km
35.	208	00:07:16	01:24:01	268m	27'07"/km
36.	211	00:01:19	01:25:20	63m	20'54"/km

37.	209	00:01:09	01:26:29	102m	11'16"/km
38.	207	00:01:12	01:27:41	91m	13'11"/km
39.	205	00:01:43	01:29:24	120m	14'18"/km
40.	203	00:01:49	01:31:13	155m	11'43"/km
41.	222	00:04:47	01:36:00	470m	10'11"/km
42.	218	00:02:53	01:38:53	324m	8'54"/km
43.	219	00:01:00	01:39:53	167m	5'59"/km
44.	999	00:00:27	01:40:20	63m	7'09"/km

HELGA



Orienteering Software