



CIRCUITO CONA 2021 - 4ª ETAPA

Parnamirim - RN 21.11.2021

Clube de Orientação de Natal

Isaque Asafe Costa Da Silva

CONA

Percurso : H Master B

Distancia : 5500m (Desnivel 45m)

Tempo : 0:53:42 (9'46"/km)

1/7

O.K.

[Resultados completos em Webres](#)

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|------------------------------------|---------|
| 2. Cidclay Soares Da Silva | 1:05:44 |
| 3. Marcio Tavares Ribeiro De Souza | 1:26:41 |

1.	126	00:03:18		299m	11'02"/km
2.	97	00:01:24	00:04:42	216m	6'29"/km
3.	118	00:04:04	00:08:46	470m	8'39"/km
4.	128	00:02:44	00:11:30	130m	21'02"/km
5.	111	00:03:10	00:14:40	315m	10'03"/km
6.	115	00:04:43	00:19:23	604m	7'49"/km
7.	114	00:04:04	00:23:27	519m	7'50"/km
8.	105	00:07:11	00:30:38	236m	30'26"/km
9.	113	00:02:54	00:33:32	226m	12'50"/km
10.	112	00:01:41	00:35:13	152m	11'04"/km
11.	104	00:02:56	00:38:09	394m	7'27"/km
12.	102	00:05:19	00:43:28	569m	9'21"/km
13.	81	00:03:39	00:47:07	565m	6'28"/km
14.	125	00:03:10	00:50:17	369m	8'35"/km
15.	100	00:01:50	00:52:07	154m	11'54"/km
16.	999	00:01:35	00:53:42	280m	5'39"/km

Orienteering Software