



Nationale Lange afstand

Dilsenerbos 6.11.2021

Omega

Thor WOLLES

hamok

Omloop : H-14

Afstand : 5830m (Hoogteverschil 160m)

Tijd : 1:34:34 (16'13"/km)

3/3

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|------------------|-------------|
| 1. Stan MAES | 1:13:01 |
| 2. Thomas JANSEN | 1:25:38,402 |

1.	163	00:17:44		1194m	14'51"/km
2.	122	00:02:42	00:20:26	222m	12'10"/km
3.	164	00:07:07	00:27:33		
4.	135	00:05:00	00:32:33	494m	10'07"/km
5.	173	00:05:57	00:38:30	534m	11'09"/km
6.	151	00:11:02	00:49:32	582m	18'57"/km
7.	168	00:07:43	00:57:15	308m	25'03"/km
8.	169	00:08:09	01:05:24	723m	11'16"/km
9.	153	00:02:29	01:07:53	107m	23'13"/km
10.	146	00:06:30	01:14:23	111m	58'34"/km
11.	154	00:02:12	01:16:35	102m	21'34"/km
12.	147	00:03:44	01:20:19	203m	18'23"/km
13.	148	00:10:17	01:30:36	603m	17'03"/km
14.	120	00:03:33	01:34:09	386m	9'12"/km
15.	999	00:00:25	01:34:34	100m	4'10"/km

HELGA

Orienteering Software