



Nationale Lange afstand Dilsenerbos 6.11.2021 Omega

Marijke DEBRUYNE

hamok

Omloop : D50

Afstand : 4990m (Hoogteverschil 160m)

Tijd : 1:27:00 (17'26"/km)

3/3

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|----------------------|-------------|
| 1. Annette LEONHARDT | 1:06:53,750 |
| 2. Laurence AUGHUET | 1:11:37 |

1.	165	00:13:43		931m	14'44"/km
2.	163	00:08:19	00:22:02	372m	22'21"/km
3.	122	00:04:16	00:26:18	222m	19'13"/km
4.	118	00:08:15	00:34:33	554m	14'54"/km
5.	159	00:05:58	00:40:31	393m	15'11"/km
6.	174	00:05:19	00:45:50	280m	18'59"/km
7.	160	00:05:33	00:51:23	223m	24'53"/km
8.	121	00:11:13	01:02:36	595m	18'51"/km
9.	151	00:01:43	01:04:19	107m	16'03"/km
10.	152	00:07:20	01:11:39	324m	22'38"/km
11.	145	00:09:32	01:21:11	365m	26'07"/km
12.	120	00:05:08	01:26:19	396m	12'58"/km
13.	999	00:00:41	01:27:00	100m	6'50"/km

HELGA

Orienteering Software