



V Copa Sul - Percurso Longo
São Marcos - Caxias do Sul 9.10.2021
Confederação Brasileira de Orientação

Sirlana Rodrigues Medina

Associação Desportiva Almirante

Adalberto Nunes

Percurso : D21E

Distancia : 7200m (Desnivel 210m)

Tempo : 1:33:43 (13'01"/km)

10/20

O.K.

[Resultados completos em Webres](#)

- | | |
|------------------------------|---------|
| 1. Elaine Dalmares Lenz | 1:14:00 |
| 2. Maisa Franco Szczypior | 1:14:15 |
| 3. Edineia Roniak Dos Santos | 1:16:23 |

1.	33	00:03:06		242m	12'49"/km
2.	49	00:00:56	00:04:02	93m	10'02"/km
3.	52	00:02:35	00:06:37	317m	8'09"/km
4.	53	00:15:59	00:22:36	1378m	11'36"/km
5.	50	00:01:43	00:24:19	227m	7'34"/km
6.	40	00:09:34	00:33:53	419m	22'50"/km
7.	39	00:02:14	00:36:07	204m	10'57"/km
8.	51	00:02:37	00:38:44	251m	10'25"/km
9.	54	00:03:06	00:41:50	310m	10'00"/km
10.	38	00:02:15	00:44:05	221m	10'11"/km
11.	37	00:10:43	00:54:48		
12.	42	00:08:54	01:03:42	1073m	8'18"/km
13.	62	00:02:27	01:06:09	104m	23'33"/km
14.	47	00:12:18	01:18:27	182m	67'35"/km
15.	45	00:05:13	01:23:40	422m	12'22"/km
16.	59	00:02:49	01:26:29	288m	9'47"/km
17.	57	00:05:03	01:31:32	509m	9'55"/km
18.	78	00:01:58	01:33:30	220m	8'56"/km
19.	999	00:00:13	01:33:43	89m	2'26"/km

Orienteering Software