



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Robert HOOFD

ASUB

Omloop : SE

Afstand : 4070m

Tijd : 1:06:17 (16'17"/km)

3/9

O.K.

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- | | |
|-------------------|-------------|
| 1. Lasse LIBERLOO | 0:36:21,367 |
| 2. Kiara NIJST | 1:06:12,128 |

1.	108	00:05:13		284m	18'22"/km
2.	122	00:05:55	00:11:08	360m	16'26"/km
3.	126	00:07:48	00:18:56	595m	13'07"/km
4.	138	00:11:07	00:30:03	666m	16'42"/km
5.	154	00:04:23	00:34:26	228m	19'14"/km
6.	155	00:02:13	00:36:39	96m	23'05"/km
7.	151	00:03:09	00:39:48	171m	18'25"/km
8.	165	00:00:00	00:39:48	384m	0'00"/km
9.	170	01:06:55	01:46:43	505m	132'30"/km
10.	172	00:03:23	01:50:06	233m	14'31"/km
11.	199	00:04:53	01:54:59	243m	20'06"/km
12.	220	00:03:02	01:58:01	141m	21'31"/km
13.	999	00:01:33	01:59:34	165m	9'24"/km

HELGA

Orienteering Software