



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Noël NIJSTEN

Borasca

Omloop : H50

Afstand : 6970m

Tijd : 0:56:56 (8'10"/km)

5/18

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Wim VERVOORT | 0:51:28 |
| 2. Olivier DE SMUL | 0:52:35 |
| 3. Frank VANSPAUWEN | 0:54:12 |

1.	103	00:02:05		317m	6'34"/km
2.	121	00:02:12	00:04:17	378m	5'49"/km
3.	118	00:02:25	00:06:42	353m	6'51"/km
4.	113	00:02:16	00:08:58	386m	5'52"/km
5.	130	00:03:18	00:12:16	566m	5'50"/km
6.	136	00:01:54	00:14:10	304m	6'15"/km
7.	159	00:02:32	00:16:42	386m	6'34"/km
8.	153	00:02:58	00:19:40	455m	6'31"/km
9.	150	00:01:37	00:21:17	211m	7'40"/km
10.	164	00:00:00	00:21:17	384m	0'00"/km
11.	175	01:04:15	01:25:32	715m	89'52"/km
12.	180	00:09:22	01:34:54	287m	32'38"/km
13.	182	00:02:05	01:36:59	213m	9'47"/km
14.	185	00:03:53	01:40:52	559m	6'57"/km
15.	189	00:02:19	01:43:11	219m	10'35"/km
16.	192	00:01:53	01:45:04		
17.	193	00:00:56	01:46:00		
18.	202	00:01:40	01:47:40	207m	8'03"/km
19.	197	00:02:12	01:49:52	311m	7'04"/km
20.	220	00:03:06	01:52:58	246m	12'36"/km
21.	999	00:00:47	01:53:45	165m	4'45"/km

Orienteering Software