



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Jürgen LOO

O.L.G. St. Vith ARDOC

Omloop : H45

Afstand : 8370m

Tijd : 1:17:38 (9'17"/km)

15/28

O.K.

[Volledige uitslagen op Webres](#)

1. Nicolas SILLIEN	0:51:06
2. Alain MAZY	0:53:27
3. Kim JANSEN	0:58:32,964

1.	138	00:03:19		384m	8'38"/km
2.	155	00:02:17	00:05:36	272m	8'24"/km
3.	147	00:05:49	00:11:25	294m	19'47"/km
4.	146	00:00:52	00:12:17	71m	12'12"/km
5.	132	00:07:14	00:19:31	704m	10'16"/km
6.	131	00:01:36	00:21:07	137m	11'41"/km
7.	113	00:04:59	00:26:06	635m	7'51"/km
8.	117	00:03:38	00:29:44	290m	12'32"/km
9.	121	00:03:54	00:33:38	466m	8'22"/km
10.	110	00:01:42	00:35:20	218m	7'48"/km
11.	123	00:04:35	00:39:55	681m	6'44"/km
12.	130	00:02:03	00:41:58	272m	7'32"/km
13.	125	00:05:06	00:47:04	549m	9'17"/km
14.	160	00:04:16	00:51:20	503m	8'29"/km
15.	163	00:00:00	00:51:20	326m	0'00"/km
16.	181	01:09:59	02:01:19	1187m	58'57"/km
17.	183	00:02:27	02:03:46	264m	9'17"/km
18.	192	00:04:07	02:07:53	328m	12'33"/km
19.	197	00:03:18	02:11:11	366m	9'01"/km
20.	200	00:01:44	02:12:55	156m	11'07"/km
21.	220	00:01:16	02:14:11	104m	12'11"/km
22.	999	00:00:43	02:14:54	165m	4'21"/km

Orienteering Software