



BK lange afstand

Helchterenbos - Koersel 19.9.2021

K.O.L.

Ralph KURT

TROL

Omloop : H45

Afstand : 8370m

Tijd : 1:10:31 (8'25"/km)

12/28

O.K.

[Volledige uitslagen op Webres](#)

1. Nicolas SILLIEN	0:51:06
2. Alain MAZY	0:53:27
3. Kim JANSEN	0:58:32,964

1.	138	00:03:39		384m	9'30"/km
2.	155	00:02:25	00:06:04	272m	8'53"/km
3.	147	00:03:11	00:09:15	294m	10'50"/km
4.	146	00:00:59	00:10:14	71m	13'51"/km
5.	132	00:05:26	00:15:40	704m	7'43"/km
6.	131	00:01:19	00:16:59	137m	9'37"/km
7.	113	00:04:57	00:21:56	635m	7'48"/km
8.	117	00:02:47	00:24:43	290m	9'36"/km
9.	121	00:03:48	00:28:31	466m	8'09"/km
10.	110	00:01:41	00:30:12	218m	7'43"/km
11.	123	00:04:31	00:34:43	681m	6'38"/km
12.	130	00:01:54	00:36:37	272m	6'59"/km
13.	125	00:04:32	00:41:09	549m	8'15"/km
14.	160	00:03:48	00:44:57	503m	7'33"/km
15.	163	00:00:00	00:44:57	326m	0'00"/km
16.	181	01:09:17	01:54:14	1187m	58'22"/km
17.	183	00:02:17	01:56:31	264m	8'39"/km
18.	192	00:03:58	02:00:29	328m	12'06"/km
19.	197	00:03:17	02:03:46	366m	8'58"/km
20.	200	00:01:40	02:05:26	156m	10'41"/km
21.	220	00:01:14	02:06:40	104m	11'52"/km
22.	999	00:00:45	02:07:25	165m	4'33"/km

Orienteering Software