



BK lange afstand
Helchterenbos - Koersel 19.9.2021
K.O.L.

Lise MILBOU

Antwerp Orienteers

Omloop : D21

Afstand : 6970m

Tijd : 1:18:52,203 (11'19"/km)

8/11

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|---------------------|---------|
| 1. Claudia ROOMAN | 1:03:40 |
| 2. Claire SANDEVOIR | 1:07:09 |
| 3. Charlotte THEYS | 1:09:23 |

1.	103	00:04:36		317m	14'31"/km
2.	121	00:03:00	00:07:36	378m	7'56"/km
3.	118	00:03:08	00:10:44	353m	8'53"/km
4.	113	00:03:32	00:14:16	386m	9'09"/km
5.	130	00:06:35	00:20:51	566m	11'38"/km
6.	136	00:05:42	00:26:33	304m	18'45"/km
7.	159	00:03:56	00:30:29	386m	10'11"/km
8.	153	00:04:29	00:34:58	455m	9'51"/km
9.	150	00:04:17	00:39:15	211m	20'18"/km
10.	164	00:00:00	00:39:15	384m	0'00"/km
11.	175	01:06:10	01:45:25	715m	92'32"/km
12.	180	00:04:56	01:50:21	287m	17'11"/km
13.	182	00:03:15	01:53:36	213m	15'15"/km
14.	185	00:05:21	01:58:57	559m	9'34"/km
15.	189	00:03:09	02:02:06	219m	14'23"/km
16.	193	00:04:29	02:06:35	309m	14'31"/km
17.	202	00:02:09	02:08:44	207m	10'23"/km
18.	197	00:03:12	02:11:56	311m	10'17"/km
19.	220	00:03:06	02:15:02	246m	12'36"/km
20.	999	00:00:51	02:15:53	165m	5'09"/km

Orienteering Software