



# FRSO-Mitteldistanz

## Hinter den Sandgruben 5.9.2021

### O.L.G. St. Vith ARDOC

#### Frédéric PICARD

C.O. Liège

Strecke : H. Masters A

Länge : 4990m (Steigung 115m)

Zeit : 0:49:47 (9'59"/km)

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O.K.

[Vollständige Ergebnisse auf Webres](#)

|                    |         |
|--------------------|---------|
| 1. Guido LENGES    | 0:38:43 |
| 2. Klaus SCHWALL   | 0:39:31 |
| 3. Patrick MAYERES | 0:42:58 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 76  | 00:06:20 |          | 349m | 18'09"/km |
| 2.  | 104 | 00:01:34 | 00:07:54 | 169m | 9'16"/km  |
| 3.  | 77  | 00:01:49 | 00:09:43 | 156m | 11'39"/km |
| 4.  | 78  | 00:01:14 | 00:10:57 | 172m | 7'10"/km  |
| 5.  | 82  | 00:06:11 | 00:17:08 | 751m | 8'14"/km  |
| 6.  | 112 | 00:02:42 | 00:19:50 | 387m | 6'59"/km  |
| 7.  | 113 | 00:00:58 | 00:20:48 | 129m | 7'30"/km  |
| 8.  | 85  | 00:00:42 | 00:21:30 | 98m  | 7'09"/km  |
| 9.  | 88  | 00:03:54 | 00:25:24 | 226m | 17'15"/km |
| 10. | 89  | 00:01:40 | 00:27:04 | 204m | 8'10"/km  |
| 11. | 122 | 00:02:23 | 00:29:27 | 264m | 9'02"/km  |
| 12. | 94  | 00:04:08 | 00:33:35 | 363m | 11'23"/km |
| 13. | 114 | 00:02:52 | 00:36:27 | 318m | 9'01"/km  |
| 14. | 118 | 00:04:41 | 00:41:08 | 368m | 12'44"/km |
| 15. | 98  | 00:02:23 | 00:43:31 | 152m | 15'41"/km |
| 16. | 99  | 00:01:52 | 00:45:23 | 170m | 10'59"/km |
| 17. | 110 | 00:02:01 | 00:47:24 | 285m | 7'05"/km  |
| 18. | 111 | 00:00:57 | 00:48:21 | 138m | 6'53"/km  |
| 19. | 165 | 00:00:51 | 00:49:12 | 124m | 6'51"/km  |
| 20. | 999 | 00:00:35 | 00:49:47 | 124m | 4'42"/km  |

Orienteering Software